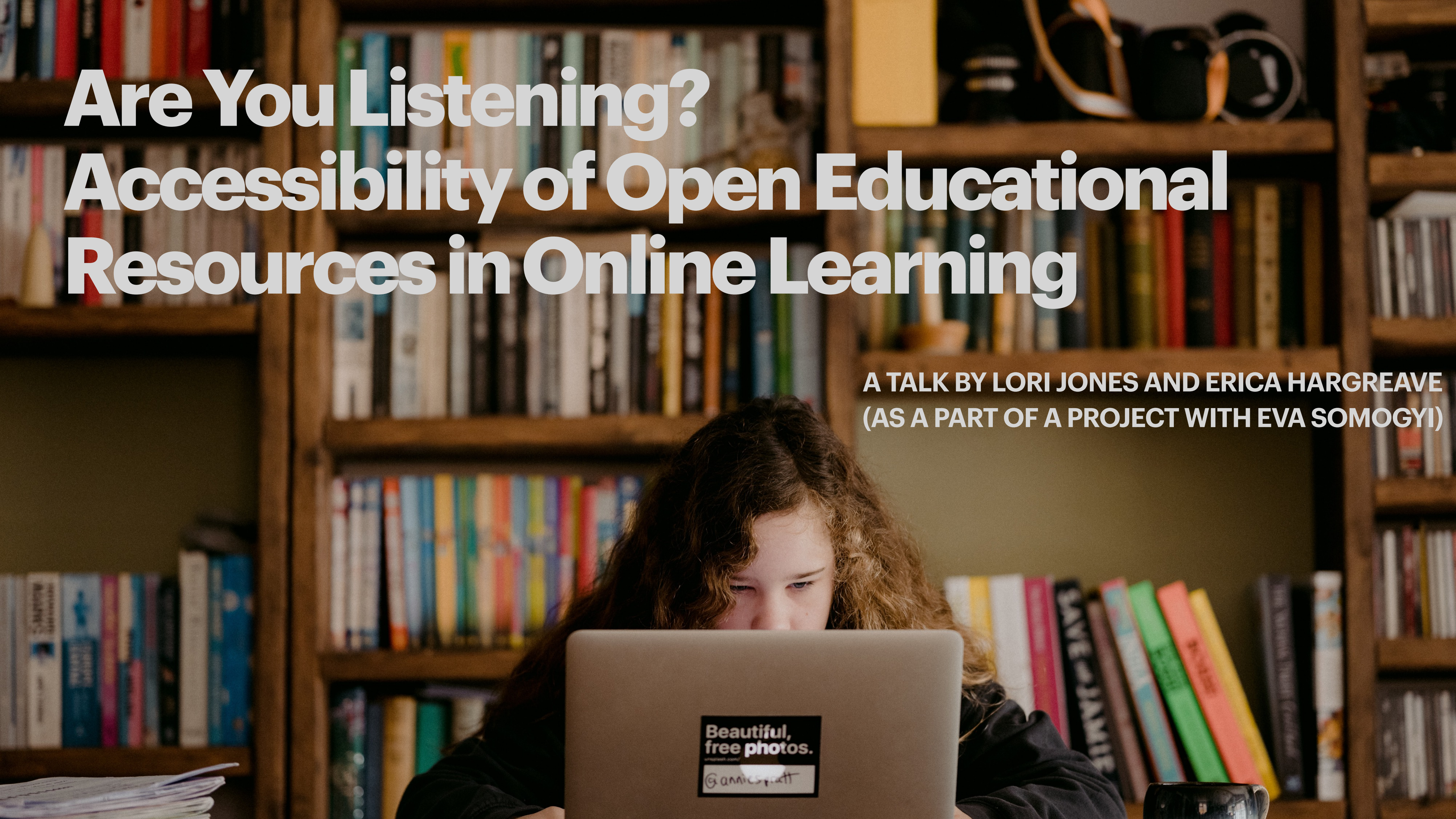# Are You Listening? Accessibility of Open Educational Resources in Online Learning

**A TALK BY LORI JONES AND ERICA HARGREAVE
(AS A PART OF A PROJECT WITH EVA SOMOGYI)**

What does ACCESSIBILITY mean to you?

What does ACCESSIBILITY IN ONLINE EDUCATION mean to you?

When you answered that last question, what perspective were you coming from?

Where does your knowledge of what makes something accessible come from?
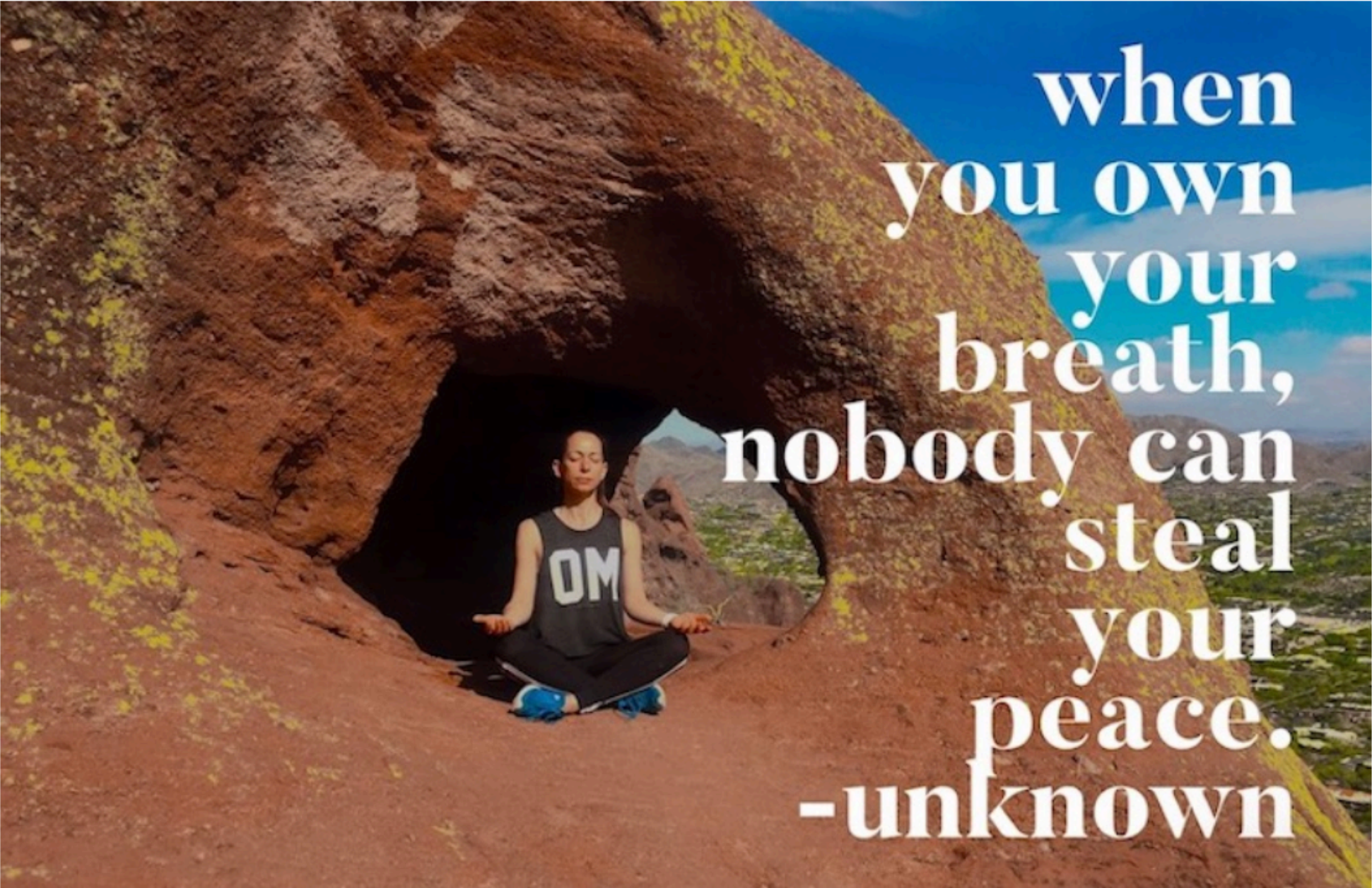
Who decides what makes something accessible?

Are they the right person to decide what makes something accessible?

Online Course Activity Break #5: Combining Mindfulness with a Lesson in Video SEO

February 24, 2020 by Erica Hargreave — 5 Comments

Here is the fifth instalment of my ongoing series on creating a healthy balance between screentime and time being present in the real world in the online courses I teach. In an attempt at encouraging offline breaks, I am putting reminders into each Unit of my BCIT Course, BCST 1073: Building Your Digital Media Presence, to take a break from the computer and get up to stretch, dance, meditate …etc. I will be sharing these Activity Breaks with all of you here, in case you are thinking of doing something similar. Feel free to copy and modify these for your own online courses, if so desired.

Online Course Activity Break #4 : Breath and Body Meditation

November 7, 2019 by Erica Hargreave — 2 Comments

Here is the fourth instalment of my ongoing series on creating a healthy balance between screentime and time being present in the real world in the online courses I teach. In an attempt at encouraging offline breaks, I am putting reminders into each Unit of my BCIT Course, BCST 1073: Building Your Digital Media Presence, to take a break from the computer and get up to stretch, dance, meditate …etc. I will be sharing these Activity Breaks with all of you here, in case you are thinking of doing something similar. Feel free to copy and modify these for your own online courses, if so desired.

Activity Break #4: Breath and Body Meditation

Cornelia and I meditating in a tree.

JAYNE
BARNARD

AUTHOR, EDUCATOR (& PAST STUDENT)

What is ABLEISM?

Are You Listening? Accessibility of Open Educational Resources in Online Learning

THANKS FOR JOINING US!

If you like to chat further and / or be involved with the Are You Asking Initiative, then please reach us at:

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